

We've put up this SIGNUP SHEET for those who'd like to help at the dinner and movie night on Friday, October 5th

Look on the basement door by the Garden Room entrance to write YOUR name on an empty slot under a task

You can also call the Co-op at 486-4188 during store hours to ask which slots are still open and have your name added.

LEND YOUR CO-OP A HAND



Friday, October 5th



As part of National Co-op Month, Tonasket Natural Foods Co-op will host a **dinner (5:30-7pm)** and screening of the film **Food for Change (7pm- 8:30)** at the CCC on Friday, 10-5-18. Co-op Member and always willing chef **Buffalo Mazzetti** will need a few good hands in, and out of, the kitchen.

Please print your name and phone# or email below

2 - 7pm Food Prep & Serving Dinner

1. _____
2. _____
3. _____
4. _____

3 - 6pm Dishwasher

1. _____

4 - 8pm Set-up & Tend Coffee, Tea, Water, Dessert Service

1. _____

4:30-5:30pm Set-up Tables, Chairs, table condiments, etc (& break down at end)

1. _____
2. _____

6pm - done Dishwashing, Kitchen Cleanup (stove, counters, floor)

1. _____
2. _____
3. _____

~ volunteering is a work of heart ~